



SAITARG'S GQ (GRAVITAS QUOTIENT)

1Gravitas Quotient is a measure of one's reserves of inner wisdom.

Your GQ is as unique to you as your fingerprint or iris scan.

The human software is made up of three components: Intelligence Quotient (IQ), Emotional Quotient (EQ), and Gravitas Quotient (GQ). Gravitas Quotient can be expressed as:

$IQ + EQ + \text{Life Force (Mojo)} = GQ$

Sonja Smits was born in Sudbury to Dutch immigrant parents and grew up on a dairy farm in the Ottawa Valley. Sonja's acting career spans three decades on stage and in films. Starring in three award winning series "Street Legal", "Traders", and "The Eleventh Hour" made her one of the most recognizable faces in Canada. Sonja returned to her rural roots when she and her husband, Seaton McLean, discovered the beauty of Prince Edward County. Ten years ago, they established Closson Chase Vineyards in Prince Edward County, becoming one of the pioneers of this new and exciting wine region. Sonja loves spending time at their farm in Hillier with her family and riding her horse, Harley.

Sonja Smits answers fifteen Gravitas Questions.

What are you going to do about getting old?
Cry.

If you wanted to disappear where would you go?
To the stars.

Who do you wish would call you?
Nelson Mandela.

If you were able to unlock the secrets to eternal life, what would you do?
Lose the key.

What have you not got from your life so far that you hope to get?
Long legs.

What magic elixir would you like to create?
Joy.

Why should we dance more?
It feels good.

What do you understand about the expression, "you have to suffer to look beautiful"?
Suffering is not in itself beautiful, but courage and dignity in the face of suffering do demonstrate one of humanity's beautiful qualities.

What have you not got from your life so far that you hope to get?
Patience.

What is the least attractive addiction of the human species?
Lust for power.

What makes your heart stand still?
Nature.

What recipe for a successful home life do you want to share?
Treat each other with kindness and respect.

We all hope there will be one more time – one more time for what?
My first kiss.

What one thing would you never do?
Parachute.

If you were going to launch a new prohibition, what would you outlaw?
Lack of respect for fellow human beings and for nature.

GRAVITAS

Discover your Gravitas Quotient at www.gravitasthegame.com